

RETREAT PACKET – PLEASE READ CAREFULLY!

I am so excited for our Confirmation Retreat – we'll have lots of fun AND do some serious work getting ready for your confirmation.

We will be staying at Mt. Cross Lutheran Camp, located at 7795 Hwy 9, Ben Lomond, CA 95005. It is about an hour and twenty minutes from Christ Church with no traffic. We will be staying in a dormitory with bunk beds and a bathroom, and will eat our meals in the dining hall, except for Friday night dinner, which we'll eat on the road.

PLTS Seminary student Karin Selland will be joining us as a chaperone:

Hello, Christ Church confirmation students and families! My name is Karin Selland, and I have just moved to the Bay Area to attend Pacific Lutheran Theological Seminary. I am originally from North Dakota but have spent the last three years living in Washington, DC, working at a Lutheran church. I was lucky to work with their confirmation class, and I am excited to meet you all in October for your retreat!

Attached you'll find the following important information:

- Schedule Overview
- Packing List
- Facilities Map and Trail Map (we're in Redwood/Evergreen)
- Suggested Packing List
- Acknowledgment of Risk Form – EACH STUDENT MUST HAVE A SIGNED RISK FORM.

Please reach out if you have any questions! See you on Friday the 4th at Christ Church.

Pastor Janet

415-215-1576

seniorpastor@christchurchlutheran.org

Schedule Overview

Friday

5 p.m. Meet at Christ Church. Please bring all the things on the packing list! We'll pack up our rental SUV and head to Mt. Cross.

6-6:30 p.m. We'll stop for dinner on the way to camp.

8 p.m. Arrive at Mt. Cross and settle in for some games before bedtime.

Saturday

8:30 a.m. Breakfast in the dining hall

9:30 a.m. Short hike followed by going through the Confirmation questions and do some work on refining and/or deepening reflections.

12 p.m. Lunch in the dining hall

1 p.m. We have time on the climbing wall!

2:30 p.m. More shared work time and free time.

5:30 p.m. Dinner in the dining hall

6:30 p.m. Games and other group activities before bedtime

Sunday

8:30 a.m. Breakfast in the dining hall

9:30 a.m. Debrief on all we've done. How are people feeling?

10:30 a.m. Shared worship & Communion

11:30 a.m. Pack up

12 p.m. Lunch in the dining hall & head home via Santa Cruz (quick stop!)

3 p.m. Arrive back at Christ Church

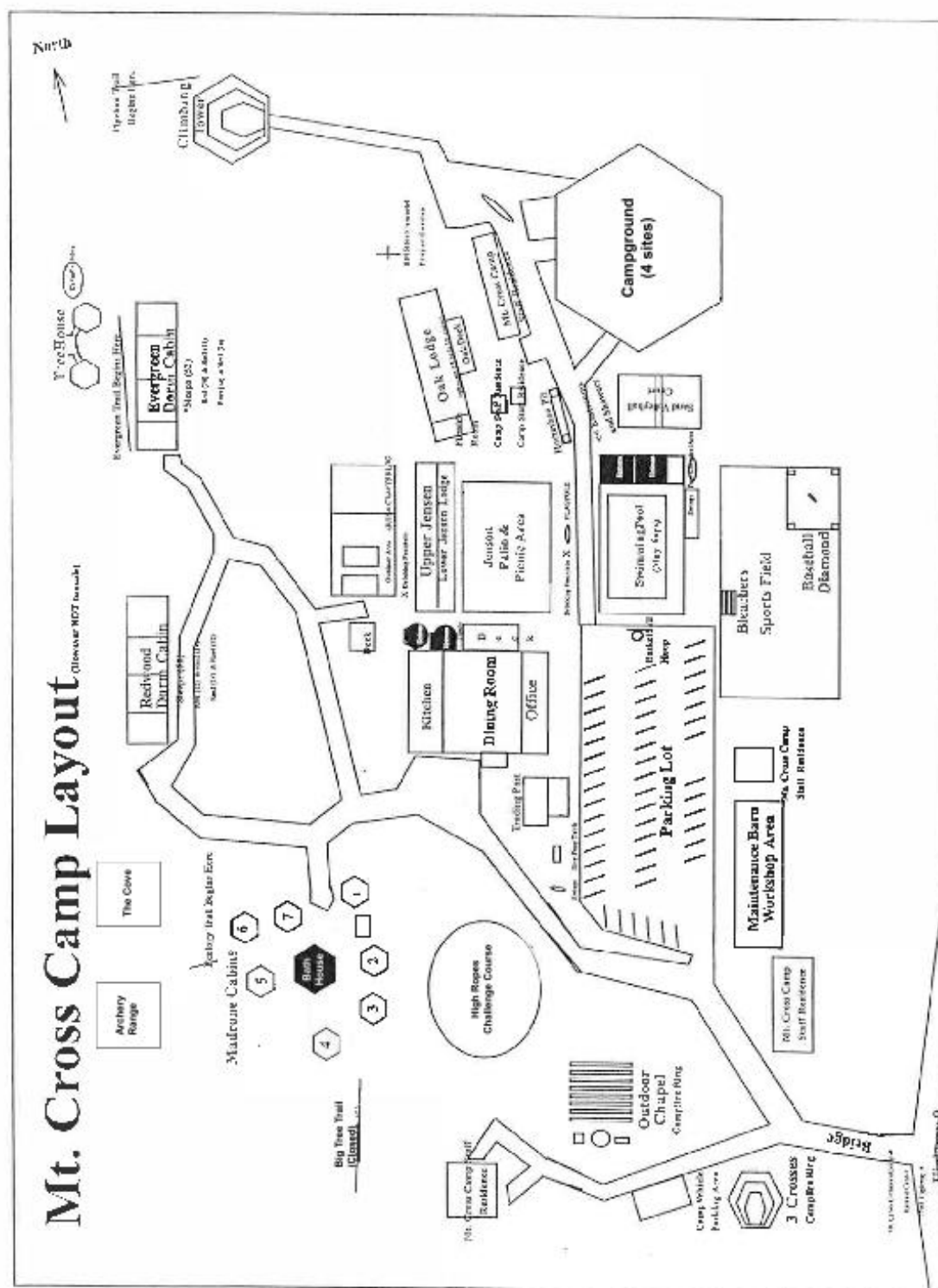
Note that the facilities open while we're there include a ball field, ping pong tables, gaga pit, four square in the air (no I don't know what that means), horseshoes, and more. I hope we can try out all of those things! The pool will not be open.

ॐ ལྷ་མཆོད་མཆོད་མཆོད་མཆོད་ ॐ ཨོཾ་མཆོད་མཆོད་མཆོད་མཆོད་ རྒྱལ་བཀྲ་ཤིས་ལྷ་མཆོད་མཆོད་མཆོད་མཆོད་
 ལྷ་མཆོད་མཆོད་མཆོད་མཆོད་ ॐ ཨོཾ་མཆོད་མཆོད་མཆོད་མཆོད་ ॐ ཨོཾ་མཆོད་མཆོད་མཆོད་མཆོད་
 ལྷ་མཆོད་མཆོད་མཆོད་མཆོད་ ॐ ཨོཾ་མཆོད་མཆོད་མཆོད་མཆོད་ ॐ ཨོཾ་མཆོད་མཆོད་མཆོད་མཆོད་
 ལྷ་མཆོད་མཆོད་མཆོད་མཆོད་ ॐ ཨོཾ་མཆོད་མཆོད་མཆོད་མཆོད་ ॐ ཨོཾ་མཆོད་མཆོད་མཆོད་མཆོད་

-

[illegible]

Mt. Cross Camp Layout



Mount Cross Trail Map



Copies of this map are available at the Camp Office and the Trading Post.



Acknowledgement of Risk, Liability Release, and Photo Agreement

Participant Information

Full Name of Participant: _____

Preferred Name: _____

Date of Birth: _____

Emergency Contact Information

Name: _____

Relationship: _____

Cell Phone: _____

Liability Release

Mt. Cross programs involve a variety of activities (including, but not limited to, the climbing tower, hiking, archery, high and low ropes course) that often include warm-ups, games, group initiatives, and other rigorous physical challenges. Mt. Cross has worked hard to provide me/my minor child with the proper equipment, trained facilitators, and the necessary basic skills to be successful. However, I do understand that these activities are not without risk, and certain risks cannot be eliminated without destroying the unique character of the activities. I am aware that my/my minor child's participation in these activities may cause damage to my equipment, accidental injury, illness, or in extreme cases, permanent injury, or death. I accept full responsibility for the inherent risk identified herein and those risks not fully identified. My/my minor child's participation is fully voluntary, no one is forcing me/him/her/them to participate, and I/he/she/they elect to participate with full knowledge of the risks involved. I acknowledge engaging in these activities may involve a degree of skill and knowledge, and that as a participant it is my/his/her/their responsibility to pay attention and ask questions, to be sure that I/she/he/they clearly understands everything I/she/he/they must know to ensure my/his/her/their own safety and the safety of others. I certify that I/my minor child is fully capable of participating in all activities, unless specifically noted on the back of this form. Therefore, I assume full responsibility for my/my minor child's actions. I will not hold Mt. Cross or any staff member, director, or volunteer responsible for bodily injury, death, or loss/damage to any personal property as a result of my/my minor child's participating in these activities. I assert that I have carefully read, and clearly understand, and accept the terms and conditions of this agreement. I further certify that I am 18 years of age or older and am the signing either on behalf of myself or as the parent/guardian of the minor participant named above.

Photo Agreement

I understand that by participating in a retreat/event at Mt. Cross my/my minor child's picture/video may be taken and used in brochures, fliers, web sites, social media, and any other marketing tools/materials utilized by Mt. Cross. To opt out of having my/my minor child's likeness/image/video used, I will let my group leader know, who will in turn notify Mt. Cross staff.

Participant Signature: _____

Date: _____

Parent/Guardian Signature: _____

Date: _____

Relationship to Participant (circle one): Self Parent